

Church of the Nativity

The Weekly Newsletter

Thursday Email and USPS Mailing

April 17, 2025



In this email/newsletter:

- Latest News
- Upcoming Calendar
- Episcopal Prayer
- Opportunities to Serve & Other Announcements
- Parish Prayer List, April & May Birthdays, Prayer Cycles

Episcopal Church of the Nativity
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Email: office@nativitylewiston.com Website: <https://www.nativitylewiston.org/>

The Rev. Dr. Kathy Kelly, Rector
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(540)-520-9798

April 20, 2025 Holy Eucharist 8:00 AM & 10:30 AM

The Liturgy of the Word:

Acts 10:34-43, Psalm 118:1-2, 14-24, 1 Corinthians 15:19-26, John 20:1-18

8:00 AM Holy Eucharist and **10:30 AM** Holy Eucharist with music. There is a downloadable service leaflet on our website. Live Streaming Link:
<https://www.youtube.com/@nativityepiscopal4996/featured>

Holy Week Schedule

Maundy Thursday (with Foot Washing): 7:00PM

Good Friday: Noon and 7:00PM

Holy Saturday: Easter Vigil: 7:00PM

Easter Sunday: 8:00AM and 10:30AM

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New forms of Eucharistic Bread.

Pete Ruppel has offered to provide communion bread for us and I plan to use it for at least the Eastertide season. I am very appreciative of Pete's offering and love that our bread (and sometimes wine) will come from the labor of the community. I would like to try using Pete's gluten free hosts and wafers during the next few weeks eliminating regular wafers. This will help me immensely so that I no longer have to juggle. I see no reason why those of us who are not gluten free can't join our gluten free brothers and sisters in solidarity and also in order to emphasize one bread, one body, one table. We will use Pete's breads - both gluten and gluten free - on Maundy Thursday and begin the all gluten free experiment after Easter. Thanks for your willingness to try this!

- Peace and blessings, Kathy.

Here are some thoughts on this from Pete:

Soon, we will be trying out a new form of gluten free wafers for our Eucharist. These will be homemade, and will consist of oat flour, olive oil, salt, honey and water. They will have some flavor and more texture but are a bit more fragile than the commercial wafers we are now using.

To me, the elements of bread and wine are best experienced through the senses, through taste, and touch and smell, as well as through helping to quench an undefinable hunger for contact with the holy.

I grew up with the commercial wafers we are all familiar with. These wafers, though, are pretty bland. They do become the body of Jesus when consecrated, but they do not give much of a hint that they are actually bread, that they are something that Jesus and His disciples would have eaten at that Last Supper. The new wafers will be more like bread.

I hope you will enjoy experiencing these new wafers and invite you to share your thoughts about this change with me and Rev. Kathy.

- Pete Ruppel peteruppel@gmail.com

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Gather Round a Table:

At a recent all-day gathering several of us noticed some real advantages to round tables in Somerville Hall. They invite conversations and a sense of togetherness. They conserve space and are easy to move around. Adding 4 round tables would give us more options in the parish hall. That doesn't mean we would get rid of the rectangular tables which we could easily store in the closet in the parish hall. We need those for Food Pantry, the PEO rummage sale, our auction display for Shrove Tuesday, etc. They can easily be combined with round tables.

What do you think? Add 4 round tables – yay or nay? Weigh in by adding your responses to the box on the parish hall table. By April 24th

The funeral service for Phyl Lacy will be on Saturday, May 3rd at 1:30 PM here at Nativity.



From Sarah Graham-The ground is cleared for the garden. But one little rhubarb plant is coming up through the gravel. This is from a rhubarb plant that came from Phyl Lacy.

Pauses in the calendar—

- Taizé is taking a pause until Fall.
- Adult Forum is taking a pause until May 4th
- Lectionary Bible Study will pause until May 1st.

Pastoral Care

If for any reason you are unable to attend church and would like to have someone bring you communion, please let us know and the pastoral care team would be happy to oblige. You can call the church office 208 743-9121 or Nancy Rosch 208 743-4346. If you would like a visit, but not communion that is also available. It is part of what we do as a pastoral care team.

Aging Fruitfully

ON Tuesday April 29, Nan Palmer, a Certified Yoga Therapist, will meet with our new small group-- Aging Fruitfully. Aging with Grace... She will lead a short session in chair yoga at 12:30 in Sommerville Hall.

Everyone is invited...eat lunch together-- bring something to share-- eat about 12:15-- start gathering and we will start around 12:30. Bring one bath sized towel...

Come and MOVE TOGETHER! And grow old gracefully with wisdom and a smile on your face! See you on April 29, 2025.

Our regular meetings are the 1st and 3rd Tuesdays of each month(not on April 15) from 12:30-2PM in the John & Raydene Room (Vestry room). Since few of us took Aging 101 in school, we will dip into our collective wisdom and explore the one commonality we share, mortality, and navigate this territory together. It is a spiritual journey, this stage of life, one that requires creativity, letting go, a lotta laughter and joy. You don't have to be old to attend. We are all in this together. Everyone is welcome!

Nativity Garden Ministry



Getting new raised beds set up.

Thanks to garden workers on a sunny spring day. Ready to plant in May.

The Garden Ministry operates under the aegis of Nativity Vestry. In the Nativity Garden Ministry, a covenanted (chartered) small group, officers allocate money and make decisions using the consensus decision making process.

You will see our workers out in the garden area planning for bed installation, a possible gazebo for shade and hospitality, planting, maintaining, harvesting and cleanup.. You are invited to dedicate a garden bed to a loved one and attend scheduled work parties in the garden this summer and fall..

We appreciate everyone's support and interest. And please come out and sit, walk, meditate, pray or just watch the bees and butterflies this summer. The west end will feature a pollinator garden with wildflowers and hopefully no Trees of Heaven.

If anyone has further questions, please speak directly to a member currently holding a position on the Garden Ministry Working Group. Our covenant and organization description is available on the display table in Somerville Hall. Thanks for your continued support.

Respectfully submitted, Deloris Davisson, Planner for the Nativity Garden Ministry

Grief Group

The Grief Group will be offered again in the fall. There were no registrants for the spring cycle. All are welcome: parishioners, friends, neighbors,

relatives-ALL. Should you have any questions, please contact either Fran Caradine (208-305-1317) or Nikki Nordstrom (425-949-9744).

Sarah's new deck!



This will be a lot safer!

Volunteer Jobs at Nativity

NEW jobs have been added! Please check out the sign-up sheet.

The volunteer tasks will keep changing and evolving as we go along. Thank you to all helpers!

- Cheryl Johnson, Junior Warden. 208.413.0736; chedjohnson23@gmail.com

Centering Prayer

Turn over a new leaf in 2025 and join us on Wednesdays, 12:30 to 2 PM, Vestry room. All are welcome!

Nativity's Food Pantry

This past Tuesday, April 15th, we served 75 families for a total of 161 people. We invite you to volunteer in this food ministry on Mondays and Tuesdays. See the sign-up sheet in the parish hall. All are welcome to serve! Inquiries: Call Cheryl Johnson (208-413-0736), Volunteer Coordinator, and Aaron Loudenback (253-218-7091), Food Pantry Manager.



New Pantry Participant-Atheana

Tuesday Book Club News

We are reading the New York Times best selling author Y. N. Harari's book *Nexus* -- A read about what is happening with Artificial Intelligence-- "how information networks have made and unmade our world". Join us in this conversation on Tuesdays at 10:00 AM.

Contact **Deloris Davisson** at seiggev@gmail.com for more information.

New Displays in the Parish Hall

Take a minute to check out the *Outreach Tables* in Sommerville Hall: *Garden and Food Pantry/Saturday Suppers* information, announcements, cook books, growing and eating with Nativity outreach ministries. These two display tables will be a constant in the hall, with a changing array of information and ideas. If you have ideas or other items that you would like to share, please contact Rosemary Daubert for Saturday Suppers or Nikki Nordstrom for Garden Ministry.

Nativity Sunday Leadership

For April 20 – April 27, 2025

DATE		April 20, 2025 Easter	April 27, 2025 2 nd Easter	
Service		HE II	HCRS	
		8:00AM	8:00AM	
Celebrant		Rev Kathy Kelly		
Officiant			Ray Rosch	
Preacher			Pete Ruppel	
EM		Pete Ruppel	Marilyn Harris	
Ushers		Maxine & Don Hubbell	Jerry Pierce	
Lector		Jerry Pierce	Frances Hedrick	
Intercessor		Frances Hedrick	Aaron Loudenback	
		10:30AM	10:30AM	
Celebrant		Rev Kathy Kelly		
Officiant			Ray Rosch	
Preacher			Pete Ruppel	
EM		Ray Rosch	Bob Wicks	
Ushers		Dennis Babineau Kevin Gray	Jerry Pierce	
Lector		Aaron Loudenback	Toni Pierce	
Intercessor		Nancy Rosch	Mary Lou Gregory	
Altar Guild		Maxine Hubbell Fran Caradine	Roberta Coats Marilyn Harris	
Coffee Hour 10:30AM		Bob & Terri Morse plus friends	Aaron & Luella Loudenback	
Adult Forum		Rev Kathy Kelly	Rev Kathy Kelly	
Flowers & Memorials				

Streaming Tech		Harold Crook	Harold Crook	
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CALENDAR FOR Apr 17-May 15

Friday, Apr 18

Morning Prayer 9AM
Good Friday Service Noon & 7PM

Sunday, Apr 20-Easter

Holy Eucharist 8 & 10:30AM
AA Group 7PM

Tuesday, Apr 22

Food Pantry 8:30-Noon
Book Club 10-11:30AM
Al-Anon 7-8PM

Thursday, Apr 24

Knitting Group 10-Noon

Saturday, Apr 26

Saturday Supper-Leslie's team
Women's AA 8PM

Monday, Apr 28

Women's NA 5-7PM

Thursday, Apr 17

Knitting Group 10-Noon
Maundy Thursday 7PM
(with Foot Washing)

Saturday, Apr 19

Women's AA 8PM
Easter Vigil 7PM

Monday, Apr 21

Rev. Kathy on Vacation til 30th
Women's NA 5-7PM

Wednesday, Apr 23

Holy Eucharist 8AM
Centering Prayer 12:30-2PM
Salvation Army Meal

Friday, Apr 25

Morning Prayer 9AM

Sunday, Apr 27

Holy Communion/Res. Sacrament
8 & 10:30AM
Potluck
Movie Matinee 1PM
AA Group 7PM

Tuesday, Apr 29

Food Pantry 8:30-Noon
Book Club 10-11:30AM
Aging Fruitfully-Chair Yoga 12:30PM
Al-Anon 7-8PM

Wednesday, Apr 30
Holy Eucharist 8AM
Centering Prayer 12:30-2PM

Friday, May 2
Morning Prayer 9AM

Sunday, May 4
Holy Eucharist 8 & 10:30AM
AA Group 7PM

Tuesday, May 6
Food Pantry 8:30-Noon
Book Club 10-11:30AM
Aging Fruitfully 12:30-2PM
Al-Anon 7-8PM

Thursday, May 8
Knitting Group 10-Noon
Lectionary Bible Study 1PM

Saturday, May 10
Saturday Supper-Rachel
Women's AA 8PM

Monday, May 12
Book Club 10AM
Women's NA 5-7PM

Wednesday, May 14
Holy Eucharist 8AM
Centering Prayer 12:30-2PM

Thursday, May 1
Knitting Group 10-Noon
Lectionary Bible Study 1PM

Saturday, May 3
Phyl Lacy Service 1:30PM
Women's AA 8PM

Monday, May 5
Chancel Guild Mtg 1PM
Women's NA 5-7PM

Wednesday, May 7
Holy Eucharist 8AM
Finance Mtg Noon
Centering Prayer 12:30-2PM
Vestry Mtg 5PM

Friday, May 9
Morning Prayer 9AM

Sunday, May 11
Holy Eucharist 8 & 10:30AM
AA Group 7PM

Tuesday, May 13
Food Pantry 8:30-Noon
Book Club 10-11:30AM
Al-Anon 7-8PM

Thursday, May 15
Knitting Group-10AM-Noon
Lectionary Bible Study 1PM

Episcopal Prayer

2025 Easter Vigil

At the Eucharist:

Celebrant: Alleluia. Christ is risen.

People: The Lord is risen indeed. Alleluia.

Now the green blade riseth

"Now the green blade riseth from the buried grain,
wheat that in the dark earth many days has lain;
love lives again, that with the dead has been:
love is come again like wheat that springeth green."

1982 Hymnal Hymn 204, vs. 1

OPPORTUNITIES TO GROW AND SERVE AT NATIVITY

Vestry Members

The next Vestry meeting is **May 7th at 5:00 P.M. For those other than Vestry members, please let Diana know if you want to attend.** If you want a copy of the financials and/or minutes, please let the office know. The members of the Church of the Nativity Vestry 2025 are: Rev. Kathy Kelly (Rector), Diana Hughes, Rachel Walsh, Roberta Coats, Becky Clark, Kevin Gray, Dick McMillen, and Cheryl Johnson. Steve Holmes is serving as treasurer pro tempore.

Saturday Supper

The next Saturday Supper is April 26th with Leslie Smith's team providing. The New team schedule for 2025 is on the parish hall information table. Rosemary Daubert, Saturday Supper Coordinator

Coffee Hour Hosts Needed!

The **2025** list is on the table in the parish hall. Please sign up! Bob & Terri Morse will host on April 20th, and Aaron & Luella on April 27th. The Vestry wants to remind the Parish that signing up for hosting Coffee Hour should not be a financial burden for anyone. Some may want to provide treats as part of their contribution to Nativity, but everyone may also submit receipts to Barb Jones in the office for reimbursement. Rosemary is no longer

coordinating coffee hour, so please just sign up if you see a blank date.
Thank you!

Ushers/Greeters Needed for the Sunday services. Please call Ray Rosch at 208-791-5062 or call the office if you are willing to serve.



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**PARISH PRAYER LIST**

**Please join in daily prayer:** Vonnie and Bill Kinney, Ingrid, Terry, Nancy Aldrich, Joseph LaPietra, Whitney, Kay Jennings, Amy Rosch, Melissa Parkman, Bridgette, Max Hastain, Billy Rosch, Joanne Cook, Ron, Roberta Albi, Jackie, Leslie, Gretchen Rehberg, Alexis Hnatiak, Henry Hnatiak, Vicki & Traci, Meg, Finn, & Mike, Rob Lacy, Rachel Walsh, Joan Stevens, Wally Pierce, John Caradine, John, Carol, Gary Kashefska, Heidi Mitchell, Bridgette Lawhead, Matthew Stolberg, Sean, Pat, Paul, Terry, Nick, Becky Clark, Raydene, Joe Lillard, Corbin, Mary Lou Amidei, Beryl, Paul Simon, Pat Paasch, Shaun Dixon, Sue Johnson, Mary Lou Gregory, Sandy Davisson, Cheryl Johnson, Joanie, Noah, Jane Abbott, Rho Vidal, Emma Parker, Pamela Flowers Dixon, Betty Ell, Steve & Debbie Winchester, Deloris Davisson, Stephen Towles.

**Help us update the Prayer List.** Please let the office know if there is anyone who should be taken off the prayer list now, or if there are others you want to add. We would like to leave them on for 1 month unless you want them on longer. We like to acknowledge thanksgivings for answered prayer too.



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Diocesan Cycle of Prayer

West Central Mission-

We give thanks for new communities of faith emerging in our midst and especially for West Central Mission. We also give thanks for the birthday of The Rev. Carol Forhan (4/18).

Anglican Cycle of Prayer

We pray for the Anglican Church of Hong Kong.

April Birthdays: Ray Rosch 4/1, John Willows 4/1, Lisa Martin 4/3, Dick McMillen 4/8, Peggy Flowers 4/9, Karen Parkman 4/11, Liam Schmidt 4/13, Bob Wicks 4/20, Russell Storey 4/24, Etta Wicks 4/28.

May Birthdays: Patience Graham 5/4, Debbie Riedle 5/6, Emily Wicks 5/7, Les Pettit 5/8, Thomas Pearson 5/11, Linnea Noreen 5/12, Maggie Postle 5/14, Kathy Kelly 5/15, Sue Johnson 5/16, Emlyn Laughrey 5/17, Deloris Davisson 5/18, Heidi Mitchell 5/20, Don Hubbell 5/29.

If you would like your birthday, anniversary or other celebration in the newsletter, please let the office know.

Bulletins/Worship Booklets/Church Directory

Bulletins for the Sunday services are available in the office Friday mornings for those wishing to pick one up. If you want a copy of the Church Directory, please let the office know if there are no copies left on the table in the parish hall.

Our Nativity Parish Covenant

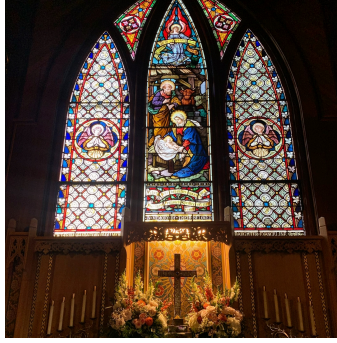
As members of the Episcopal Church of the Nativity we covenant with God and each other to:

- Faithfully come together to worship God.
- Encourage ourselves and others to regularly participate in all the church has to offer.
- Actively use our gifts of time, talent and treasure to support and participate in the work of God in the Church and community.
- Listen to each other in discernment of God's gifts for service, and support others in their service
- Pray with and for each other, offering care and support in joy and sorrow.
- Study, explore and incorporate Christ's teaching in our lives.
- Welcome, respect and include all people as beloved children of God.



Submissions for the Thursday email are due on Wednesday by 10 AM

Anyone may **submit articles and photos** for the weekly email. We welcome all types of news items pertinent to the life of the parish.



A land acknowledgment: We remember and honor the indigenous people of this land, in particular the Nimiipuu nation who were the original stewards of this land. And they are our neighbors today, living, loving, and working in this region still. We give thanks for them and commit to living as good neighbors with them. May we always remember that the Earth does not belong to us, it belongs to God, and we are all relatives in this life, called to be stewards together of God's creation. Help us learn from past mistakes, and be instruments of justice and peace for all nations and tribes and people in the world. - The Rt. Rev. Gretchen Rehberg