



The Episcopal Church of the Nativity
731 8th Street,
Lewiston, Idaho 83501
(208) 743-9121
Worship Hours:
Sundays 8:00 & 10:30 A.M.

The Episcopal Church of the Nativity gathers to
Celebrate fellowship, community, diversity and the love of God.
We honor each other through the sacred liturgy:
One bread, one cup - body, mind, and spirit -
All are welcome.

In the time of the changing nature of COVID-19, we observe Nativity's policy on mask wearing as optional.

The Land Acknowledgment: *We remember and honor the indigenous people of this land, in particular, the Nimiipuu nation who were the original stewards of this land. And they are our neighbors today, living, loving, and working in the region still. We give thanks for them and commit to living as good neighbors with them. May we always remember that the Earth does not belong to us, it belongs to God, and we are all relatives in this life, called to be stewards together of God's creation. Help us learn from past mistakes and be instruments of justice and peace of all nations and tribes.*

Church Staff:

Minister of Music: Sarah Graham

Office Manager: Barb Jones; Thomas Pearson

Sexton: Susan Pearson

The Vestry:

Senior Warden Team: John Willows, Diana Hughes

Members: Marilyn Harris, Aaron Loudenback and Steve Holmes

Treasurer and Member: Lisa Martin

Vestry Clerk: Dr. Sarah Graham, (pro-tempore)

Church email: office@nativitylewiston.com

Find us on Facebook: [Episcopal Church of the Nativity- Home Facebook](#)

Church Website: www.nativitylewiston.org

We worship into the image of Christ; we are sent forth to offer God's love to all in the name of Christ.

CHURCH NEWS

From the Vestry

Our Chaplain for the Priest in Charge calling process Ray Rosch reminds us to keep the Vestry members and the church as a whole in prayer with this sacred call to God:

God of Love and All-Knowing God: We praise you and thank you for loving us day by day. Our times are in Your hands as we earnestly engage in the Calling Process for a priest-in-charge. Enlighten and strengthen our faith in You that we may trust each other in our common work to discern what we are to do. Bless our petitions to call a faithful, compassionate, enthusiastic minister of Your word and sacraments. Keep us patient and kind as we seek the wisdom, peace and Amazing Grace of your provision.

We pray this in the blessed name of our Lord and Savior Jesus Christ. Amen.

Blessings. We encourage **daily praying** of the Calling Process Prayer.

In The Way of Love - GO: Cross boundaries, listen deeply and live like Jesus.

We praise God for the refreshment of NEW LIFE at Nativity Church.

We praise God for the saints of God who provide services to community residents with food in abundance, and grace beyond measure.

We pray for acute awareness of God's Presence as we walk with the Resurrected Christ these 50 days of Easter.

We pray for our vestry/discernment committee - Diana, John, Lisa, Aaron, Marilyn, Steve, Roberta - that they may be in tune with the Holy Spirit day by day.

From our Parish Covenant: "Actively use our gifts of time, talent and treasure to support and participate in the work of God in the Church and community."

KINDNESS WINS.

God bless us all everyone. Amen.

Ray Rosch, Chaplain 208-791-5062

Pastoral Emergencies

If you have an emergency related to the Church Please contact John Willows at 208-791-0711.

In the Office

Thomas and Heidi are at the helm while our Barb is recovering. Thomas creates the weekly newsletter and sends out group emails for any number of things. On top of this, he also manages the church calendar. The calendar is a fluid often shifting orb of sorts and it is a daunting job and so I thank God every minute that he and Barb have agreed to be the keepers of it. Heidi Mitchell continues her commitment to the accounting of our resources and for that we might all want to give thanks!

CHURCH NEWS continued

While we wait for our new Priests in Charge, the Tottens, (seen here) will be with us every couple of weeks for Holy Eucharist. Praise God- Thank you Tottens!



The Food Pantry

In April 2022, 33 new families received groceries from the Pantry; that was a total of 464 men, women and children. Please keep our hungry community and the food pantry volunteers.

The Gardens

Spring is coming and soon it will be time to plant. Please keep the Garden Group in your minds and hearts as well. It occurred to me that not only do we have a committed group of vegetable gardeners, we also have several people to thank for the rest of the stunning gardens at and around the church. These images from Dee Davisson came in to remind us all of the beauty of God's Glory- made possible with the love of those among

CHURCH NEWS continued

us who show up for this ministry- if you see those of us with green thumbs around- give them thanks!



SMALL GROUP REPORTS

Baptized for Life

BFL continues to have a Zoom study group weekly on Wednesday at 9 AM.

We continue to have a Zoom study group weekly on Wednesday. We would love to have you join us. Our current study began meeting on May 4th, and our next meeting will be on June 1st. The current book we are using is *The Book of Joy: Lasting Happiness in a Changing World* by Dalai Lama, Desmond Tutu, et al.

If you are interested contact Frances Hedrick via email, francesahedrick@gmail.com, and she can send you a Zoom link. We meet on Wednesday at 9:00 AM. Hope you can join us.

Wednesday Morning Eucharist

Wednesday Morning Eucharist continues at 7:00 AM. The faithful few gather around the altar for Eucharist and prayers for those in need. We use special Prayers of the People, pray for everyone on the parish prayer list by name, and offer anointing with holy oil for healing. Until a new priest arrives this group will meet for Morning Prayer and continue to pray for each name on the parish prayer list.

Small Group Bible Study

The Small Group Bible Study group, will not be meeting during the summer months of June, July, or August. They will resume study on September 15th, and will meet on the 3rd Thursday of the month at 1 pm. ~ *Anne Rhoads*

The Chancel Guild

On May 2, 2022, **Mary Lou Gregory** treated six women to Dutch apple and blueberry pie with ice cream. **Rosemary Daubert** shared highlights of Presiding Bishop Michael B. Curry's sermon of the Sunday before. Then she gave examples of the number three in the Bible, with the starting point being Jesus asking Peter, "Do you love me" three times, which was part of Bishop Curry's sermon. Rosemary ended devotions with the prayer "For Today", from *Forward Day by Day*.

Maxine Hubbell reported that as of April 1st we had \$1,967.93 in our treasury. Two names were suggested for cards to be sent. **Mary Lou Gregory reported that the Guild**

SMALL GROUP REPORTS continued

gave \$6 to CPC. Our next meeting is **September 12, 2022, at 1 pm**. Nancy Rosch will host. ~ *Nancy Rosch*- Secretary

Tuesday Book Club

The Tuesday Book Club, will be studying *The Power of Geography: Ten Maps that Reveal the Future of our World...* a New York Times Best seller.

The Book Club meets every Tuesday morning at 10:00 -- 11:00 am in the Vestry Room at Nativity. They also apparently do other things besides reading- they have social gatherings and have been known to attend a concert or movie as well for fun!! Everyone is welcome and cordially invited to join our Small Group any Tuesday at 10:00. Contact **Deloris Davisson** if you have questions or want more information.

Saturday Suppers Ministry

On Saturday, May 14th, Maxine's team served 50 (both take-out and in-door dining)- on the menus that night roasted pork, mashed potatoes, and gravy, coleslaw, bread and brownies.

Leslie Smith's team anticipates serving pasta and meat balls, green beans, garlic bread and desert on May 28th.

On the calendar for June Suppers, Team Rosemary June 11th, and Rachel Walsh and her team will serve on the 25th.

If you are interested in being involved with this vital ministry, call the Office or Rosemary at (208-746-9869) remember many hands make light the work ~ *Rosemary*

Coffee Hour

This is a new add to the church happenings notes. I thought it might be helpful to include this content here as well as in the announcements section. That spot tends to be more of announcing the need for volunteers; I thought it might be helpful if you all might see where the need is for help. In **June, the 2nd and 3rd Sundays** need volunteers to host. Remember that we will be in our summer sermon time frame and on the 5th Sunday it will be a potluck. Please reach out to Rosemary (208-746-9869) if you are interested or able to pitch in.

SMALL GROUP REPORTS continued

Library Reorganization

The Nativity renovation is a work in progress. Harold reports that the ethernet cable is now in the undercroft which means there is internet access from the library space. Our consultant, **Emma Freeman**, is going to need of volunteers for this ongoing project, reach out to her if you can give some time and talent to the church's library. If you have any questions call Harold at 208- 791-5333 or email at hdcrook@gmail.com .

DIOCESAN NEWS

Diocesan Prayer for the Sacred Journey

God of the way, in whom all journeys begin and end, spark longing and adventure in our heart for where you are leading. Open our eyes to the joys and sorrows along the path, to recognize them as sacred, and grant us course to persevere in our walk together. Orient our steps in love so that in experiencing and extending your love, we are drawn deeper into your transforming life. We pray this through the one who calls us to follow, Jesus the Christ, together with the Holy Spirit who guides as we continue on this sacred journey. Amen.

2022 Diocesan Prayer, "On a Sacred Journey," written by Andrea Farley



The Diocese of Spokane Invites You to Our 2022 Sacred Ground Pilgrimage

Begin Your Sacred Ground Journey This Pentecost Starting in June. Sign Up Now!

Sacred Ground is a film- and readings-based dialogue series on race, grounded in Christian faith. Small groups are invited to walk through chapters of America's history of race and racism while weaving in threads of family story, economic class, and political and regional identity. This pilgrimage of ten gatherings allows participants to discover deeply how to love as Jesus loves. Details and Registration at: www.spokanediocese.org

Other Happenings in the Diocese:

[Episcopal 101](#)

[Ignatian Prayer Gatherings](#)

[Diocesan Youth Upcoming Events](#)

[Woven as One](#)

[Join a Sacred Ground Circle](#)

CHURCH BIRTHDAYS, ANNOUNCEMENTS, ACTIVITIES and EVENTS

June Birthdays

Rosemary Daubert - 6/13; Marilyn Harris- 6/7; Annamarie Pearson- 6/9; Margaret Cole (Dee Davisson's daughter) 6/18; Roxy Newcombe- 6/22

Announcements

If you are looking for a ministry to be a part of, there is any number of ways that you can participate and get to know the church family. The following is a list of ways to serve:

- **Many hands make light the work- Sign up now for your turn for coffee hour** - Hosting should not create a financial burden for anyone and refreshment costs can be reimbursed. Sign up in the Parish Hall or talk with Rosemary Daubert.
- **Ushers/Greeters**- Openings available at both services; if you are interested, reach out to Ray Rosch (208) 791-5062. We are always looking for ushers for each service.
- **Saturday Suppers** -The 2022 schedules and updated teams are on the parish hall table it is **never too late to participate** in this essential ministry.
- **Food Pantry- Gardeners/Weeders**- wanted- reach out to Don and Maxine, Sue
- **2022 Potluck Sundays** (any month that has a 5th Sunday). **2022 Potluck Sundays: May, July and October.**
- **The Tuesday Book Club** is always looking for good titles to add to their reading list. If you have any recommendations reach out to Deloris.

Announcements continued

- **Spiritual Direction Opportunity-** While Reverend Kay Totten is spending regular times in Lewiston, she is offering to spiritual direction to anyone who might want to consider it. If you are interested in learning more about spiritual direction is and how it might fit into your walk with God. If you are interested, curious or seeking email her at: ktotten@stgertrudes.org or call her at 208 962-2004 to organize a time that works for her and you while she is in Lewiston.
- The Vestry is still looking for a **Clerk** to take minutes for the regular monthly meetings. Please consider this vital ministry as a significant way to serve.
- The 3-day **Annual Church Rummage Sale** is on the August calendar. Start your Spring cleaning now (it's never too soon)- gather and purge all of your gently used stuff for the Annual Church Rummage Sale; for more information or to coordinate drop off or to volunteer for the 3-day extravaganza reach out to Maxine at 208-798-4745. Mark your Calendar for the event- **August 11-13, with set-up throughout the week before-hand.**
- If anyone is interested in participating in a 12th Night Costume Design opportunity- reach out to **Luella at 253-961-1393**. Last year before we knew that we had to put the 2022 event on hold, I gathered material and props for the event. I would like to spend some time preparing some costumes for the January 2023.

Activities

- **Men's Group Breakfast-** The men's group is planning to have its next breakfast on June 18, 2022 at 9 A.M. in the parish hall, followed by morning prayer in the sanctuary. This will be followed by a break for the rest of the summer until September.
If you have any questions, about the process or being involved- reach out to Harold Crook by email at hdcrook@gmail.com or call 208- 791-5333.

Events

From April 29th through Sunday May 1st, Presiding Bishop Michael Curry was in Spokane for the weekend. Many of you watched his teachings via live stream while some of us were able to be there in person at the Cathedral of St. John, the Evangelist to hear his message of love and inspiration.



Aaron was invited to carry the flags that represent the Church of the Nativity and St. Marks of Cashmere



Congregant Spotlight



I know you know her, and I wanted to. From the time I found out about her commitment to the food pantry, I wanted to learn more about Sue Johnson. She is a hard person to pin down, but one day the planets were aligned; I was in the parish hall on a Monday and lo- she was there; organizing and supervising the people who had come for the morning to help with the prep work for the following day when the bagged food would be distributed to the community members who came to the pantry for supplies. She is in retirement from her professional life, she worked as a nurse- in emergency rooms and med/surg. Later she worked security at Beasley Field, where incidentally this allowed her unfettered access to all things football (she is a big fan).

She and her family have lived all over Washington State, Bellingham, Tacoma, Pullman, Colfax and now Clarkston. She beams when talking about her family as she is quite proud of her 3 daughters, 5 granddaughters, one great granddaughter and 1 great grandson.

Sue has been a member of the Episcopal family for most, if not all of her life. During her time in Pullman she was involved in linking the Church there and the community, she helped organize a very large annual rummage sale/craft fair and an

Equine program. Her life of service continues here in the LC Valley as she is involved with the Grange in Clarkston, our food pantry ministry. She also takes time for herself- she enjoys football, country music and John Denver, she swims three times a week and she paints rocks (see here some of the creative examples of her labor of love).

When I asked her what people would be surprised if they knew about here she shared that, while she enjoys travel, she prefers to travel with family or friends and any adventure would likely be a road trip because she doesn't like to fly!



Thank you, Sue for all you do, ~*Luella*

Photo Gallery

Dads and Grads



Aaron and his three



Luella and Jordan



Dean

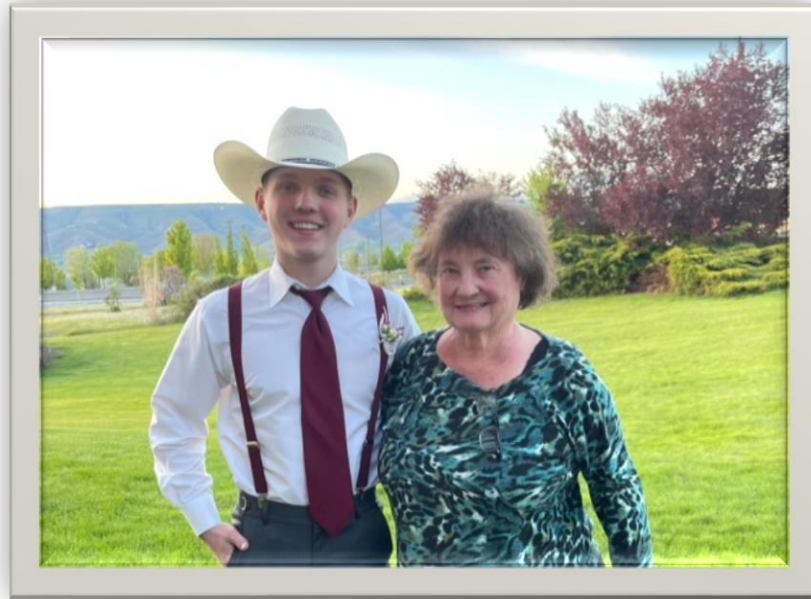


Ray



Steven (father first then honey)

Lois and her grandson Brooks



From your Messenger

Have you ever had a grass nap? I didn't even know what a grass nap was technically speaking as a thing to do or be done- I mean I know what a nap is and I know what grass is, but a grass nap? Huh- Last summer while still in the throes of pandemic distancing and before he could return to his last year on Campus at Cal Poly in San Luis Obispo, our son Jordan, introduced us to grass napping.

The grass nap is a multiple layered experience despite any assumption of what it is based on its definitional meaning of each individual word. And it is accurate that in its simplest explanation you would go outside and lay in the grass and take a nap. It is that for sure and it is so much more.

The grass nap can be done at any point in your day and more than once a day is bonus. One of the things I love most about it is that this exercise, or activity allows me to foster my meditation practice, this is one way that I connect to God. The grass nap is an **1- intentional** activity that involves **2- stopping** what you are doing, **3- unplugging** from anything technological or electric, **4-finding** a grass patch, in the sun or shade as you prefer, **5- lying down** on the grass so that you are **6- ground yourself** to the earth, **7- close** your eyes, **8- feel** the sun and air on your face, **9- listen** to the sounds around you,

the crickets, birds, **10-breathe deeply**- in to the count of three and out to the count of three and then **11-relax** into the experience of rest- and **12- open your heart to God.** nap.

I am in favor of grass naps. And with summer is coming I know that there are times when we are so busy that we don't make time to pause or rest, or just be, the grass nap is one way to do just that- Looks like this guy could use a grass nap- *Be kind- your messenger- Luella*



COVID 19/Delta/Omicron/BA.2 Information and Resources

In the country and the world the COVID virus continues to mutate and inform the lives and movements of humans. I suppose the biggest news story is that the death toll has reached more than 1 million souls in the United States, in the world, approximately 6.3 million. Anyone who has underlying medical issues related to diabetes, heart and/or lungs conditions and the elderly continue to be at higher risk for developing severe complications from the virus. In this context we still need to be mindful of public health practices, the virus will at some point be endemic. Ongoing recommendations to decrease risk factors:

- Get Vaccinated
- Wear mask when out in public
 - Stay home if you are sick
- Wash your hands (how many of you remember this ad campaign [Wash your hands Roger](#))
 - Cover coughs and sneezes
 - Stay at least 6 feet apart from each other in public
 - Disinfect objects and surfaces regularly

The State of Idaho dashboard with the most current updated information [Corona Virus Idaho Dashboard](#).

While mask mandates were lifted in April; except in some health care spaces. Washington [Corona Virus Washington State Dashboard](#).

[Center for Disease Control and Prevention](#)

[The Episcopal Church's COVID Tool Kit](#)

[Free Home COVID Tests](#)

Did you know that if you or someone you know have a loved one who died as a result of COVID 19 – you may be eligible for reimbursement: [COVID related death funeral assistance](#)

June 2022 Church of the Nativity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:00 A.M. Morning Prayer 10:30 A.M. Morning Prayer POTLUCK at Noon	30 Women of Hope N.A. Group 5-7 P.M.	31 Book Club 10- 11:30 A.M. Al-Anon 7-9 P.M.	1 Morning Prayer 7 A.M. Zoom Bible Study 9 A.M.	2 Knitting Group 10 A.M.-noon Al-Anon 8 P.M	3 Morning Prayer 9 A.M.	4
5 Holy Eucharist 9:00 A.M. Revs. Bob & Kay Totten Presiding	6 Newcomers Book Club 10 A.M. Pastoral Care Mtg 10 A.M. Women of Hope N.A. Group 5-7 P.M.	7 Book Club 10- 11:30 A.M. Al-Anon 7-9 P.M.	8 Morning Prayer 7 A.M. Zoom Bible Study 9 A.M. Vestry Mtg 6 P.M.	9 Knitting Group 10 A.M.-noon Al-Anon 8 P.M	10 Morning Prayer 9 A.M.	11 Saturday Supper 4-5 P.M. (Rosemary Daubert's team)
12 9:00 A.M. Morning Prayer	13 Women of Hope N.A. Group 5-7 P.M.	14 Book Club 10- 11:30 A.M. Al-Anon 7-9 P.M.	15 Morning Prayer 7 A.M. Zoom Bible Study 9 A.M.	16 Knitting Group 10 A.M.-noon Al-Anon 8 P.M.	17 Morning Prayer 9 A.M.	18 Men's Breakfast 9 A.M.
19 Holy Eucharist/Wedding of Steve Holmes and Priscilla Smith 9:00 A.M.	20 Women of Hope N.A. Group 5-7 P.M.	21 Book Club 10- 11:30 A.M. Al-Anon 7-9 P.M.	22 Morning Prayer 7 A.M. Zoom Bible Study 9 A.M.	23 Knitting Group 10 A.M.-noon Al-Anon 8 P.M.	24 Morning Prayer 9 A.M.	25 Saturday Supper 4-5 P.M. (Rachel Walsh's team)
26 Holy Eucharist 9:00 A.M. Revs. Bob & Kay Totten Presiding	27 Women of Hope N.A. Group 5-7 P.M.	28 Book Club 10- 11:30 A.M. Al-Anon 7-9 P.M.	29 Morning Prayer 7 A.M. Zoom Bible Study 9 A.M.	30 Knitting Group 10 A.M.-noon Al-Anon 8 P.M.		

The Messengers:

Editor: *Luella Loudenback*

Contributing Church Family: Barb, Rosemary, Deloris, Nancy, Maxine, Diana,
Ray, Anne and Thomas

All submissions for the newsletter are due by the 15th of the current
month for printing in the upcoming monthly Newsletter.